

- 1. Complete all state and district eligibility forms at <u>www.athleticclearance.com</u>
 - a. Click on "FLORIDA."
 - b. Create an account if new or login if returning.
 - c. Click "START NEW CLEARANCE" in upper Right.
 - d. Use Drop down menu to select 2025-26.
 - e. After clocking 2025-26 year- make sure to click on "Harmony" as the school.
 - f. Make sure all online signatures and validations are completed by Parent/Guardian.
 - g. Click all sports that your athlete may try out for.
 - h. Make sure to track your login information to Athletic Clearance and that the e-mail on file is valid as communications of clearance updates will send to that e-mail.
- 2. Complete an up-to-date physical with your doctor.
 - a. Physical form can be found on the Harmony High School website: <u>https://www.osceolaschools.net/domain/4341</u>
 - b. Click "Athletics"
 - c. Physicals are good for 365 days.
 - d. *Don't forget to sign*. Physicals not signed and dated will be returned.
 - <u>To submit</u>:
 - 1. All forms must be uploaded to your account via scanning. There is a location for the EL2 (physical), EKG, and Signed Athletic Clearance confirmation page. Page 4 of the EL2 is the most critical with Dr. Signature, date AND athlete and parent signature in the middle portion.
 - 2. NEW THIS YEAR- Athletes must view the NFHS videos (All 4) and upload the completed certificates. These videos include Heat Illness, Sudden Cardiac Arrest, Concussion and new- the Sportsmanship.) Note the CONCUSSION video is a different requirement then the IMPACT test.
- 3. Complete an ECG (if not already completed). Must be done <u>one time</u> during a high school career. Uploaded to your account (one time only).
- 4. Complete the on-line Impact (Concussion) Test. <u>Must be done yearly</u>.
 - a. Contact your coach for log-in instructions and passcode which can be found on our website under Athletics and Clearance information.
- 5. Pay the \$35.00 Athletic Participation Fee through <u>www.athleticclearance.com</u>
 - a. Note: Athletes will NOT be cleared without prior payment this year.
 - b. This is the required form of payment this school year.
 - c. If payment issues exist, please contact the HHS AD.
- 6. Sign Athletic Confirmation page (student and parent) and upload to your account.



2025-2026 Athletic Clearance Instructions

We are now conducting our 2025-2026 athletic clearance registration for participation in athletics at Harmony High School for the 2025-226 school year- which begins on June 1, 2026. Please follow the steps below, and <u>turn in the signed clearance form, physical, and ECG (if applicable) to the athletic office</u>. <u>An</u> <u>athlete will not be permitted to participate until ALL tasks are complete</u>.

*****Note:** You have the ability to scan and upload the physical and ECG. If you upload, *it cannot simply* <u>be a picture of the form</u>. **The form must be scanned**. We ask that you bring in the actual physical with the Doctor's stamp and signature. Also, please turn in the form at the end of your clearance, signed by a parent/guardian and student.

• Visit <u>www.athleticclearance.com</u>, click the "FL" icon.

• If you have not used this system before, please register and follow the prompts. If you have, use your e-mail and password you set up. Having issues? Watch the video for more help.

• Click "Start Clearance Here!"

• Select the year (2025-2026), the school (Harmony), and the sports your child plans to participate in this school year. It is easier to delete them from a roster than to add later.

• Click "Submit". Choose ALL the sports you think you will try out for this school year.

• If you have done this previously, find your athlete. For Student ID, DO NOT USE THE LEADING ZERO! (Example - 0123456, you'll put in "123456").

• If this athlete was not at Harmony High School last school year or on the first day of 9^a grade, you'll have to fill out the "Affidavit of Compliance – GA4" (In registration packet). You only have to do this one time!

• The next page is where you upload any forms. *If you don't upload,* physical and ECG will come directly to the AD. <u>Click "SAVE"</u>

• Follow along the answer questions at this point...if you answer "Yes", a box will drop down where you can explain. Click "Save".

• Parent/Guardian information is next. Please be specific as we may need this in an emergency situation. Click "Submit".

• Signatures...Both Parent/Guardian and Student will sign electronically on this page. The next part gives you an option to go ahead and pay the student's participation fees. You are NOT obligated to pay them at this time, but you can if you choose. *This fee will need to be paid before an athlete is permitted to practice or try out for a team.*

• At the end, you will <u>print out the final confirmation letter</u>. Both Parent/Guardian and Student MUST sign and turn in to the athletic trainer or athletic office with your physical. We will not accept physicals that are not stamped and/or dated.

• NEW for 2025-26: the athletes must view the 4 NFHS Videos and upload the certificates this year for clearance.

<u>Reminder</u>: If physical and ECG are not uploaded, they must be turned into the school. ECG must only be completed ONE TIME between grades 9-12.

Thank you!

HHS Longhorn Athletic Department